

Rant n' Roar

FROM THE CHEF

Really proud to see our girls soccer team finally get the win they deserved with a 3 nil win over NB. These girls played better than a 1-1-1 record and I'd bet they have another W on the way. Not sure sensitivity belongs anywhere in the world of sports but I can't help but feel for our softball lads; good players, good team and good management....just not their day or their tournament. Also took in some diving today..our young NL boys didn't look the least bit intimidated against all the older more experienced competition. Well done.

-Rod Snow

TUESDAY AUGUST 1 2017



"At the line"
Team NL vs British Columbia



Atlantic Lottery
Loto Atlantique



DAILY SCHEDULE



Jordan Noftall- Softball

Athletics

Another busy day at the track AND field. Highlights included:

Josh Hamilton qualified for the A final in long jump.

Joey Pittman completed the grueling ten event decathlon with 8 incredible personal best performances.

Many of the other athletes rounded off the day with personal bests with several others having advanced to the B finals.

- Tom Godden



Beach Volleyball

The "beach boys" were cruising around the court like they were in a little deuce coupe! Marcus and Brent executed a flawless game plan and minimized unforced errors against Team Yukon and a strong Team Sask. They have positioned themselves squarely in a quarter-final match, the time and opponent is yet to be determined. Good luck boys!

- Frank Humber



Baseball

In the final game of the round robin, NL had some trouble with PEI. After digging a hole early, the NLers rallied, but were unable to recover, falling 8-2. John Cribb and Cole Tucker had hits for NL. The boys have a rest day tomorrow to recover, reflect and get ready for Thursday's placement game. The team is staying positive and look to finish their tournament on a positive note!

- Peggy Wakeham



Basketball- Female

Team NL battled it out with Team PEI this morning and, despite some team members being sidelined with injuries, came out victorious. The offense and defensive play was just what the team needed to capture the win. The skies were clear today in Winnipeg but the ladies were making it rain!

- Karen Sherriffs



Basketball- Male

Team NL had a strong performance this morning defeating NWT 71-43. Our boy's will now play the winner of the PEI vs Yukon game taking place tomorrow. The winner of that game will face NL for the chance to complete the Games with the 9th seeding overall in the Men's Basketball competition.

- Gerard Lowe



Rowing

Second day of competitive racing for the Team NL rowers today. A busy morning at the Kenora Rowing Club with Team NL racing in 5 events. The end result being that all our teams qualified for the B finals. The temperature was much more favorable today at Rabbit Lake, however, the wind speed did increase for the afternoon races. Team NL rowers exhibited great determination and effort today and they kept pulling right to the end. All NL rowers exhibited great determination and effort today and they kept pulling right to the end. All NL rowers now has a day to relax and refocus and to prepare for the finals on Thursday and Friday.

-Peter Butt



Triathlon

Today was a rest day for our triathlon athletes. It was an opportunity to to recover but to also explore different venues, take in the action and see what Winnipeg has to offer. Tomorrow the team heads back to Birds Hill to prepare for the next phase of competition.

- Allison Sturge

Soccer- Female

In what would be best described as Newfoundland like winds, the girls took to the pitch in much welcomed cooler temperatures. Sarah Lewis then decided to turn up the heat and booted 2 goals to help lead Team NL over Team New Brunswick. NL's other goal came from Kate Hickey. The team displayed a dominating offensive performance today and look to continue this trend into tomorrow's placement game.

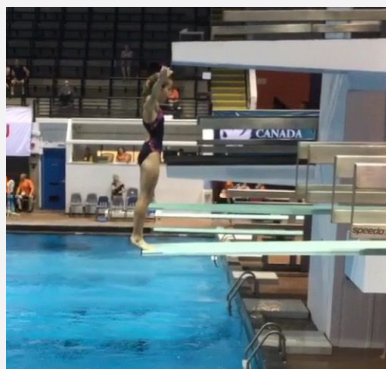
- Allison Sturge



Diving

The 1 meter diving competition was today. Jake and Jacob put together solid dives and achieved their respective goals. In women's 3 meter Ava put together a strong list of dives and hit a nice twister on her final dive to move up a few spots. All around it was a good day for the team. Excited for tomorrow's competition

- Leslie Ann Walsh



Sailing

The weather and wind have been the talk of the sailing venue all week, and today was no exception. What started off as beautiful sailing conditions quickly turned to howling winds and looming storm clouds. Nevertheless, Jesse was out on the water battling through the waves. In Races 5 and 6, Jesse finished in 7th and 8th position respectively. In Race 7, Jesse finished in 7th position, which puts him in 6th place overall with 3 races remaining. Both Jesse and Coach Becky are looking forward to heading into Winnipeg tomorrow to watch some of their fellow Team NL athletes compete. Racing will resume in Gimli on Thursday morning - if the weather cooperates!

- Brenda Greene



A quick start for Jesse in Race 5



Softball- Male

Our team played two more games on Tuesday and once again came out of the day with 1 win and 1 loss. They now have a record of 4 wins and 4 losses which eliminates them from medal contention.

In the early game they made quick work as they defeated Team PEI 9 to 1 in five innings. The team managed 11 hits in the contest with Mitch Stack smacking a home run. Jordan Nofall pitched the complete game while only giving up two hits.

In the second game of the day the team played Team Ontario. This game was the most important match yet of the games as both teams were sitting at four wins and vying for a top four playoff spot. We started with a bang, scoring two runs in the bottom of the first on a two-run home run from Nic Pittman, however the early lead did not last as Team Ontario showed their strength putting up two big innings and coming away with a 10-2 victory.

Our boys really played well today but on this day they were beat by a better team. The final game is against Team Manitoba tomorrow.

- Craig Tulk



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