



Team NL

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MISSION OFFICE

Rant n' Roar

FROM THE CHEF

The hunt for a medal continues With some great performances today but none good enough for hardware. Nevertheless we battled hard on the track and pulled off a 7th in ladies team Triathlon; tough girls, one of them involved in a crash on first day but back in the saddle this morning. Week one nearing an end hoping for a big performance on last day tomorrow.

-Rod Snow



Sailing athlete, Jesse Hanlon, in action on rough waters

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Aaron Stacey- Baseball

RANT n' ROAR SPECIAL FEATURE

Baseball



For the past three years, the athletes of the 2017 NL Canada Games Baseball Team have been involved with supporting youth oriented sport programs and young athletes.

Many of the players spend time volunteering and working with their local minor baseball associations to assist the young athletes of tomorrow to learn the game and develop their skills.

Throughout the Canada Games process, the players have been joined by Ryan Murphy as a bat boy and treated him like a member of the team and always ensured he was a part of team activities.



Prior to their departure for the Games, Team NL hosted a development session for local Pee Wee AAA players as they invited 30 youth athletes to join them on the field for a workout with the team. This was another opportunity for the players to give back to the associations that have assisted in fostering their development as young people and Canada Games athletes.

When the team arrived in Winnipeg, they were assigned two wonderful young men, Luca and Jack, as bat boys. These two young men instantly bonded with our team and our players enjoyed having them involved from the first day.

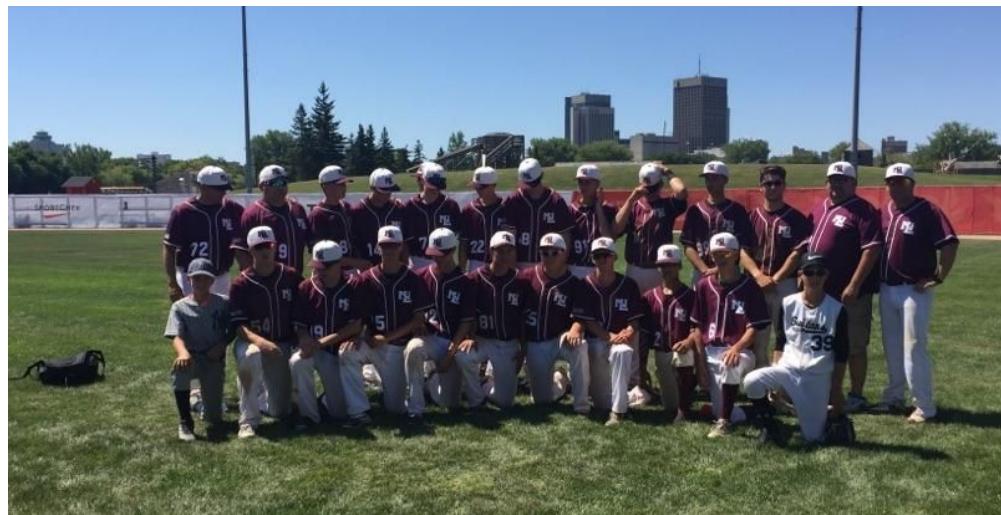
During the course of the week, Luca advised our team staff that he had his Pee Wee AAA Provincials starting this weekend. When the team learned of this, a decision was made that the NL Canada Games Baseball Team would attend one of Luca's tournament games to cheer him on and support him as he has done for our team all week.



A big part of the Canada Games, and sport in general, is to create memories that will last a lifetime and to forge relationships that provide a solid foundation for development.

We hope that Jack and Luca enjoyed their experience with our team as we certainly enjoyed having them as a part of our group.

*- Trevor Murphy
Baseball Coach*



Athletics

"Strong and solid results for our athletes this day. They certainly demonstrated that they belong here at the Games. We are very proud of this group." Say coaches George Stanoev and Jennifer Stender.

Todays results are as follows:

- Josh Hamilton came 7th in the A 400 final
 - Andrew Wood 4th in B 100 final
 - Jennifer Boland 8th in B 100 with a new provincial record!
 - Girls 4x100 relay 6th overall
 - Cori Hicks 5th in wheelchair 400 and 1500
 - Camryn Bonia 6th In B 400 and Chantal Barnes 8th
- Special Olympics
- David Noftal B 100 6th
 - Samantha Walsh B 100 3rd
 - Jessica Greeley B 100 4th
 - Julia Howley 9th in 1500 and Jenny Brace 17th
 - Michael Johnson placed 7th in the Hurdles B final.

- Tom Godden



Strength and conditioning coach Jerome Brennan conferring with Athletics relay team members Nicole Chan and Jennifer Boland

Soccer- Female

Since the ladies are done their competition, they had the day to explore the athletes village and take in the sites. While headed to the Forks, they even scored some new jeans for FREE! Keep enjoying the experience ladies, you will remember this trip for a lifetime!

- Allison Sturge

Beach Volleyball

Coach Josh Blackwood is delighted in the performance of his beach team. NL finishes these games in 6th place, the high water mark for a Canada Games NL beach team. The rest of us are proud of their performance on the court, and the respectful way they interacted with volunteers, officials, and opponents. These beach boys brought some good vibrations to Team NL!

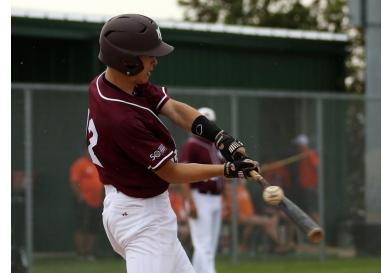
- Frank Humber



Baseball

Baseball played their final game of the Canada Games today. It was their strongest hitting performance of the tournament with both John Cribb and Josh Mercer having multi hit games. They pushed New Brunswick to the brink, losing 7-6 in extra innings. The NL boys showed heart, determination, sportsmanship and pride throughout the tournament and today was no different. After the game there was a heartfelt moment shared between the coaches, players and parents. They have been on a long journey together and reflected on their triumphs over the past few years. These boys were exceptional representatives of our province and by the way they carried themselves on and off the field throughout the tournament they all have very bright futures ahead of them in sport and in life!

- Peggy Wakeham



Sailing

True to form, the wind (or lack thereof) was yet again the talk of Gimli on Thursday. While the morning started with a nice breeze, conditions quickly dropped off to almost a dead calm. Officials attempted to start a race, but it was called off halfway through on account of poor sailing conditions. Later in the afternoon, officials moved the course closer to shore and Jesse completed Race 8 in 5th position.

- Brenda Greene



Jesse patiently waiting for some wind

Rowing

Today at Rabbit Lake was the medal round and it was ideal rowing conditions. Our team competed in four events, three were in the B final consolation heat and one final heat in the ladies eight. Our athletes performed quite admirably in all events and Cameron Hickman finished in third place in the men's single scull B final with an adjusted time of 8:23.84.

It was really great to see all the team members cheering their friends on from the sidelines in all the races. Tomorrow is the final day of the competition.

- Craig Tulk



Triathlon

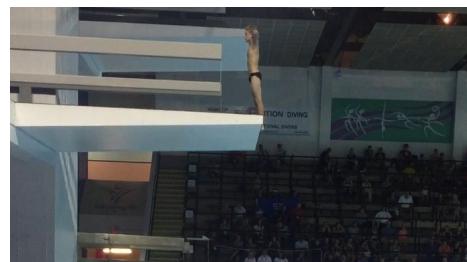
Today our athletes took part in male and female relay. The male team comprised of Dylan Morawski, Ethan Piercy and Nick Dolomount finished in 9th position. Our female team had to deal with rising temperatures but they made it through and came in 7th position. The team included Marcy Whelan, Heidi Campbell Perry and alternate Megan Von Heyst (of Manitoba). We thank Megan for joining us to compete! Tomorrow is the final day of competition where the mixed relay takes place.

- Allison Sturge



Diving

Last day of competition at the pool today with the marquee platform events. Ava finished 21st against some international level elite divers. Even though she was the youngest diver in the field, she was not fazed by the competition and performed an excellent list. Jacob and Jake also dove well against some world class divers and finished 16th and 19th out of 22 divers. They all held their own this week and will use this experience for the next games.

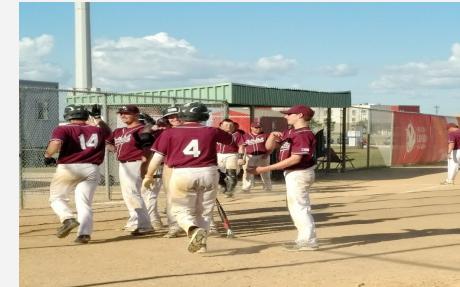


Softball- Male

Today at John Blumberg Complex Team NL defeated Alberta 9 to 4. After 5 innings and a strong performance by Nick Pittman, led the surge with a Grand Slam, 6 RBI's and closed out the game on the mound, Great game by all with offence and defense shining today. After today's game Brooklynn Piasta presented all players with a gift. A team picture and special edition coin.



Team NL plays the other Atlantic Island PEI tomorrow at 1:00 for 5th place.



Celebrations today after the Grand Slam has the boys pumped for tomorrow's game.

- Gary Martin



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